

QUOTES FROM PARENTS AND TEACHERS

I thank you very much. It was a great experience for me to see and feel your sensitivity in caring for these children, especially teaching them manners. I was amazed at the quality of the food and service and cleanliness in every detail of your program.

I do believe they are very lucky. You have already given them the best lesson, the highest quality of being a true human being. I wish I had met you before, I would have sent my son to you.

Mrs. Merolla.

I was so impressed by the evening and couldn't help thinking that you had created a diamond of a place!

Ms. Nickerson.

I just wanted to let you know how much Daniel has enjoyed the recent presentations on Turkey. He has come home very excited asking to look for Turkey on our globe, showing me the stones involved in a game, and the differences between the US and Turkish holidays. Turkey is not a country that is often studied in school. Thanks for offering such an interesting program for the children.

J. F.

WE LOVE YOU AND MISS DIANNE!!!!!!! Ok, just when I think it can't get any better, you two come up with laundry separation and ironing!!!!!! I am so excited!! These are very important lessons. Ashton also told me this morning that he was bringing his pajamas back to his room to impress his parents. Thank you for all of these manners and life lessons. In the craziness of everyday tasks some of these things get overlooked. We thank you for all you do with and for our children. You go over and above and we are so appreciative!!!!!!

S.

Frank J LOVES to go to tutoring!! He LOVES Dianne.

E.C.

"Being new to the area, it was hard to find resources like one on one tutoring and an after-school program that would be both socially enriching as well as physically exciting. Fitness Mom was the answer for both my boy's specific needs."

Jennifer Reynolds

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“As a working Mom, I appreciate what Julie Sweet has to offer at Fitness Mom. Her afterschool program takes my daughter directly from school to her studio. There she is cared for, is provided with enrichment opportunities from TaeKwonDo to International Day, and is provided with a healthy snack. The best endorsement comes from my daughter who truly loves being there. When I arrive to take her home, she sighs with disappointment that it is time to leave! Thanks Julie for all your efforts.”

MJ Archambault

“Words cannot begin to tell you how thrilled I am with the “Muscles and Minds” program, but I’ll try. The program is a nurturing after-school environment for my son. It’s educational, caring, and fun! Members of my family have commented to me that my son is noticeably more polite and now says, “please”, “thank you”, and “excuse-me” without being constantly prompted. The children are taught respect, they usually get most of their homework completed, they learn skills such as Spanish, nature from the Audubon Society, and sports and recreational activities such as TaeKwonDo. All this is accomplished by the time I pick him up after work! It’s such a relief to know there is such a great place for my son after school. “

Thanks! Jayne

“The time Aliyah spends at Muscles and Minds goes beyond fitness. Being with kids her own age helps her develop a sense of teamwork and builds social skills.

Gerry Letourneau

“Thank you for the terrific programs in fitness and self-defense you offered to the Rehoboth to the Rehoboth Girl Scouts. The younger girls had a fun time in your studio while learning about exercise, nutrition and fitness. The older girls appreciated the “hands-on” workshop you taught on self-defense and teenage safety. We are look forward to our next visit to your wonderful studio. Thanks again for sharing your ‘fitness mom’ knowledge with our town’s Girl Scouts!”

Colleen McBride

Rehoboth SUM, GSRJ